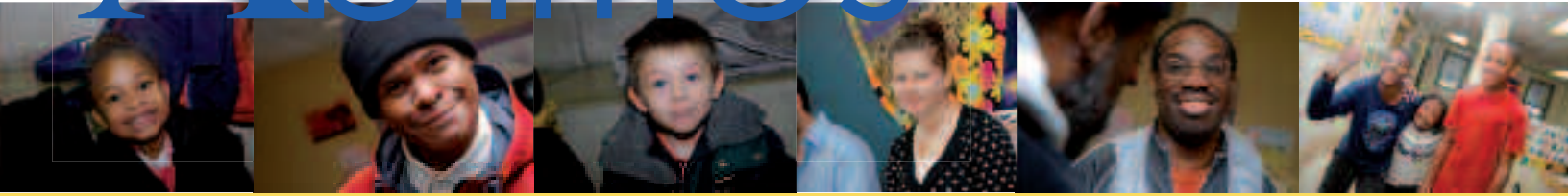


Abilities

The NHS Human Services Foundation Newsletter



Summer 2011

www.nhsonline.org

EXTRA! EXTRA! HISTORY IS MADE

Foundation Receives Largest Single Donation from OfficeMax

With only a decade of fundraising under its belt, the NHS Human Services Foundation has been awarded their largest gift in their young history.

We are pleased to announce that OfficeMax has made a **\$500,000** investment in the mission of NHS Human Services. We are so proud to have one of the nation's largest and most successful office supply retailer partnering with us to support the children and adults in our care.

"Gifts like this will allow us the strength and stability to remain focused on our important mission of providing ever-more individualized services to the most challenging and vulnerable clients," said Mike Mitchell, Chairman of the NHS Human Services Foundation.

NHS Human Services (NHS), one of the country's largest provider of human services, through its subsidiaries, is a community-based, non-profit organization with over 40 years experience serving the special needs of children and adults alike. NHS offers a full range of integrated services in the areas of behavioral health, intellectual and developmental disabilities, addictive diseases, foster care, juvenile justice, and elder care. Our 13,000 employees serve more than 50,000 individuals across Pennsylvania and in six other states.

The mission of NHS is to provide innovative solutions to support the unique needs of the individuals we serve by striving to create a caring and responsive environment that promotes the highest standards of integrity and quality.

"When you have a company like OfficeMax standing behind the work we do, it has a very positive ripple effect on the entire company. At NHS, we care very much about those invested in us. To have someone care as much about us as we care for others, that is a very good feeling," states Chairman and CEO of NHS Human Services, Senator M. Joseph Rocks.



From left to right: Executive Director of the NHS Human Services Foundation, Frank Guthridge, OfficeMax representative, Chris Pattyson, Chairman of the NHS Human Services Board, Mike Mitchell, Senator Joe Rocks, Office Max representatives, Tony Nucera and Tom Smith.

A LETTER FROM OUR FOUNDATION CHAIRMAN

To remember and to honor...

It is once again my privilege to come to you, "The Friends of NHS," on behalf of the entire NHS Human Services family. As the fundraising arm of NHS Human Services, the Foundation is always seeking new ways to improve and enrich our fundraising efforts. Today I would like to address two powerful ways to give; to say thank you and to show appreciation and admiration. Yes, you can do all that in one, through a Memorial or Honor Gift. If you have never made a gift like this, let me share with you how powerful and satisfying it can be.

On January 25, 2011, I lost my father, John "Jack" Mitchell, my close friend and mentor. My family and I could not think of a better way to create a lasting memory of my father than to establish a memorial fund in his name at NHS Human Services. As many of you know, I am one of five children and all of my brothers and sisters were born with severe mental and physical disabilities. Paying tribute to my father through the John "Jack" Mitchell Memorial Fund to benefit those with special needs at NHS Human Services was the best way I could think of to create a lasting legacy of my father who knew, firsthand, the challenges of having not one, but four special needs children.

My family and I have truly been touched by the outpouring of compassion and caring of more than 50 friends. Because of their generosity, over \$8,200 has been designated to start a restricted fund that will provide extra funding needed to enhance the lives of some special people at NHS Human Services.

Over the years, many of us have tried to do something memorable, make a difference and let a friend know you are thinking of them. To honor someone special, you may have made a contribution on a special occasion like an anniversary or birthday to a charity you know has meaning in that friend's life. To have a gift made in honor or recognition of a milestone or unique accomplishment carries a special meaning. To have a contribution/gift made in someone's name to benefit others is genuine philanthropy and truly a tremendous gift.

Honor and Memorial gifts are wonderful ways to say, "I am thinking of you," or "I want those that have less to have more in your honor or memory." Next time you have a chance to give tribute to a friend or family member, consider making a gift in their name to a charity that means something to them. There are many good causes out there with which to share our good fortune.

And by the way, it always feels good to give back to those that are less fortunate than us. Thank you for your support of NHS Human Services Foundation.



Michael J. Mitchell
Chairman of the Board
NHS Human Services

See page 14 to learn more about the Legacy Society.

NHS HUMAN SERVICES FOUNDATION

Once again hit a *HOLE IN ONE*

The 13th Annual NHS Human Services Foundation Golf Classic was by all accounts an overwhelming success. Monday, June 27, 2011 was a beautiful day with weather that was perfect for golf. The outing filled the Whitemarsh Valley Country Club to capacity with 144 golfers confirming that this remains to be one of the Philadelphia area's most successful golf outings. This year's Golf Classic was truly one to remember, thanks to our Title Sponsor, The Graham Company, and several of the Delaware Valley's top corporations along with special guests that included



some of Philadelphia's well-respected individuals. Guests included Coach Dick Vermeil, Larry Christenson, Arthur Fennell, Marty Bystrom, Herbert Lusk, and Brian Propp to name a few.

Among the many exciting and friendly competitions was the traditional "Beat the Chairman" Challenge, which shared its famous 9th hole this year with Philadelphia's own Eagles Helmet Golf Cart. The "Beat the Chairman" Challenge is our annual competition in which NHS Human Services Chairman and CEO, Joseph Rocks, challenges you to a "closest to the pin competition" in raising funds for our programs.

After an enjoyable, relaxed day of golf, guests proceeded towards the clubhouse for dinner, where over 190 were in attendance. Attendees enjoyed cocktails and hors d'oeuvres that included an impressive wine tasting featuring an array of specialty wines from Vermeil Wines,

Coach Dick Vermeil's personal line of award-winning wines.

The 13th Annual NHS Human Services Foundation Golf Classic raised an astounding \$250,000, an amount that has exceeded our most optimistic expectations, and an amount that has set a record as the highest amount raised in our ten year history. This is all in thanks to you, our friends and supporters!

"I continue to be humbled with the impressive turn-out of so many loyal friends. The Chairman's Club members truly insure the success of the event and I am honored to have such loyal and generous friends," remarked Senator Rocks.



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Sheetz, Inc. Provides Lunches For NHS Schools Bridging the Gap

Sheetz, Inc. has partnered with NHS Human Services Foundation to ensure that no student enrolled in an NHS Human Services School will have to go without lunch. In April 2011, Sheetz provided 20 lunch and drink vouchers to all 11 NHS Schools for students who are not able to afford the lunch program and those who receive reduced or free lunches. Sheetz will continue to provide lunch and drink vouchers each month to the NHS Schools. School lunches make a big difference for hungry students. Some students know firsthand what it is like to come to school with empty stomachs, others know what it is like to come to school with empty stomachs but not have money to purchase a nutritious lunch. The annual costs for providing NHS Human Services Schools with lunches are approximately \$22,500 or \$1,875 per school.

Sheetz, Inc. is a family-owned convenience store chain based in Altoona, Pennsylvania. For more than 50 years, the mission at Sheetz has been to meet the needs of customers on the go. Sheetz is committed to its customers, employees and the communities in which they operate.



WOODHAVEN GALA A Night to Remember

Black ties, limos, floor length ball gowns and even a fedora or two donned the dance floor as more than 100 residents were joined by staff and family for the First Annual Woodhaven Gala on June 22, 2011 at the Pen Ryn Estate's Belle Voir Manor.

Residents were treated to a night of fine dining and dancing while staff members were recognized for their accomplishments. A special Super Star Award was presented to Terry McNelis, Vice President of Intellectual and Developmental Disabilities for his commitment to excellence.

After dinner, the residents took to the dance floor, showing off their best moves for the camera.



The highlight of the evening was a special dedication by resident Billy Grinevicius. Billy presented Senator Rocks with framed overhead pictures of Philadelphia and the Woodhaven Campus. The shots were taken by Billy during a recent helicopter trip.

Senator Rocks entertained the crowd with a rendition of Elvis Presley's, "Can't Help Falling in Love."

"It's pretty special to see the consumers celebrate themselves and their lives," Rocks said.

The Gala, like the everyday services at the Woodhaven Campus, is designed to improve the residents' quality of life.



About The NHS Woodhaven Campus

For over 40 years, NHS has provided vital support to both children and adult consumers who are presented with an Intellectual and Developmental diagnosis and we are always striving to broaden our spectrum of care with cutting edge programs to stimulate learning for the individuals we serve.

The NHS Woodhaven Campus consists of 18 forty year-old buildings located on a 72-acre setting at 2900 Southampton Road, Philadelphia, PA. This campus is comprised of a 104 bed residential facility serving both men and women diagnosed with intellectual and developmental disabilities, an adult training facility serving over 100 individuals, a private academic school licensed to serve 20 children, an NHS Autism school serving 32 children and a Gymnasium which also provides space for adjunct services for the Special Olympics.

GIVING BACK TO THE COMMUNITY

NHS Consumer Advisory Board

On Wednesday, April 20, 2011 the NHS Eastern Region I/DD Consumer Advisory Group prepared bags during their regularly scheduled meeting to be distributed to the homebound elderly. Individuals in the group purchased items to be included in the breakfast bags. It was truly exciting to see the individuals take pride and joy in stuffing the bags with items such as: oatmeal, instant coffee, tea, breakfast bars, fruit cups, juice, and raisins. After all items were placed carefully into their bags, each consumer meticulously tied on a colorful ribbon.

The NHS/TAIG Intellectual and Developmental Disability Services Consumer Advisory Group is an independent body made up of individuals receiving residential services through this Division, along with a representative from AVS. The members speak on behalf of the larger population who also receive our services. They are responsible for assessing and making recommendations on improving the level of quality of services provided and satisfaction among consumers by addressing issues of concern.



workshop geared to the Groups' interests, host a representative from the Philadelphia Police Department to speak on safety, make donations to the homeless, make breakfast bags for a local non-profit organization that provides meals for the frail elderly and homebound in Philadelphia and the surrounding suburbs, participate in self-advocacy and support various NHS/TAIG activities.



The Group has set some larger goals for the future as its activities become more formalized. Currently they have re-established their original goal of having an Executive Board consisting of twelve individuals and two alternates and our non-board participants will continue to help NHS/TAIG strive for quality and person-centered services.

Generally, the Group meets the third Wednesday of each month at 4700 Wissahickon Avenue, Philadelphia, PA from 6:00 to 8:00 PM.

The Consumer Advisory Group participates in two community outreach efforts each year in which they give back to the community.

The group is facilitated by the Assistant for Quality Improvement and Customer Satisfaction, along with the whole Quality Improvement Team located at TAIG, who ensure that meeting minutes are taken. The Group indoctrinates its own members and nominates a co-facilitator through member elections every two years.

The Group, which began in April of 1999 under the guidance of Betty Boyd, who at the time was Director of Consumer Services of Philadelphia, supports itself by conducting fundraisers. These successful fundraisers have allowed them to award a scholarship to the Every Day Lives Conference in Hershey, PA, sponsor educational activities such as Wave (Women's Anti-Violence Education), provide workshops including a Sexual Therapist



The NHS Human Services Foundation gratefully acknowledges the following individuals, businesses, organizations and corporations for their generous support during Fiscal Year 2011:



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Thank You
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Over the Past 10 Years
564
Of our dedicated staff
have contributed over
\$ 791,712
In support of critical
NHS programs



This past year
237
staff have contributed
an astounding
\$ 112,173

Corporate Annual Sponsors

We would like to recognize the following corporations which have donated 15,000 or more during Fiscal Year 2011. We are grateful to these sponsors who have "lead the way" for individuals supported by NHS Human Services to live happier, more productive lives where each individual focuses on their ABILITIES, not their disabilities. These Corporate Annual Sponsors have donated more than \$810,000 in support of the 50,000 individuals served by NHS Human Services.

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For more information about how you can become an Corporate Annual Sponsor and the benefits included, please call the Foundation Office at 610-260-4675.

NHS Idol

The Performance of a Lifetime

Michael Jackson and Britney Spears were in the house performing on stage at the Woodhaven Campus on Wednesday, May 25, 2011. "The place was rocking," says Frank Guthridge, Executive Director of the NHS Human Services Foundation. There was enough energy in the room to light up the city's skyline! Consumers from Philadelphia, Delaware, Bucks and Montgomery Counties showed up to perform and cheer on their friends and cheer they did...

The evening not only gave the performers an opportunity to show off their talent, but also focused on their ABILITIES not disabilities.



The evening was a tremendous success thanks to the Specialized Services and Northern Suburbs Division's Consumer Advisory Group, who planned the event. "It was a wonderful evening where family, friends, staff and consumers celebrated in the joy of performing on their own personal stage, it was truly an inspirational evening," stated Stephanie Napoleon, Associate Executive Director for the Northern Suburbs and event facilitator.



NHS SCHOOL STUDENTS REACH GOLD

At the 2011 Special Olympics

On May 7, 2011, students attending the NHS Autism Schools in Herminie and Whitney participated in this year's Special Olympics games held at the Greater Latrobe Stadium. Among the thousands of individuals competing in the competition, we are pleased to announce that our NHS athletes took home nine gold medals, four silver medals and one bronze medal.



More than 20,000 athletes from 56 area and county programs across Pennsylvania train and compete in Special Olympics Pennsylvania (SOPA) each year. Participation in Special Olympics training and competitive events is open to all people with intellectual disabilities regardless of their degree of challenge. Athletes ages eight and older may participate in Special Olympics training programs and competitions.

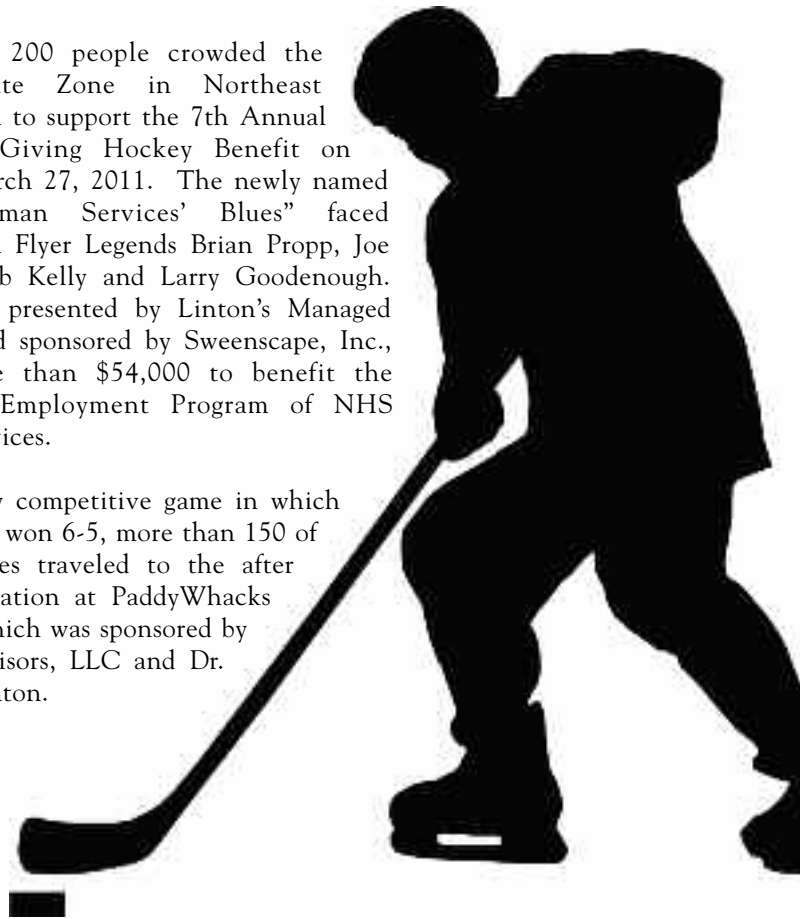
GOALS FOR GIVING

Flyers Legends vs. NHS Blues



More than 200 people crowded the Flyers Skate Zone in Northeast Philadelphia to support the 7th Annual Goals for Giving Hockey Benefit on Sunday, March 27, 2011. The newly named "NHS Human Services' Blues" faced Philadelphia Flyer Legends Brian Propp, Joe Watson, Bob Kelly and Larry Goodenough. The event, presented by Linton's Managed Services and sponsored by Sweetscape, Inc., raised more than \$54,000 to benefit the Supported Employment Program of NHS Human Services.

After a very competitive game in which the Legends won 6-5, more than 150 of the attendees traveled to the after game celebration at PaddyWhacks Irish Pub which was sponsored by Legacy Advisors, LLC and Dr. Charles Dunton.



Join NHS Human Services as we launch our corporate Facebook page!
Like us on

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NHS
HUMAN SERVICES

AVS - NHS

A Winning Combination

For more than 50 years, Allegheny Valley School (AVS) has been providing lifelong opportunities for people with intellectual and developmental disabilities (I/DD). Today, AVS provides a variety of residential and therapeutic programs to 900+ adults and children throughout 125 facilities and programs in nine Pennsylvania counties. Headquartered in Coraopolis, PA, AVS cares for some of the most vulnerable citizens in our communities. Approximately 80 percent of the individuals receiving care have a severe or profound diagnosis and many also have physical disabilities or medical complications.

In 2008, AVS was acquired by NHS Human Services (NHS). Today, NHS/AVS is the largest provider of care to individuals with I/DD in Pennsylvania. The combined organization's goal is to help individuals to grow and function at their fullest potential and as independently as possible.

AVS provides a comprehensive continuum of services to support each person and help them continue to learn at every stage of their life. AVS offers multiple residential options including Campus Living, Community Group Homes, Supported Living and Family Living/Life Sharing.

Adult Training Programs provide opportunities for individuals to enhance their capacity to achieve. By focusing on cognitive, communications and physical development, a variety of therapeutic programs assist with the cultivation of vocational and living skills. AVS partners with local businesses to encourage employment of consumers.

AVS' programs and services include training for employment, health services, occupational, physical and respiratory therapies, social services and communications training.

To enhance services provided, AVS has developed, implemented and distributed an innovative sensory program. People with I/DD frequently have difficulty using sensory information from the environment. The AVS Sensory Program provides a variety of sensory activities and settings to help consumers interact more comfortably within their own surroundings. Innovative sensory rooms, gardens and specialized activities have helped consumers develop and expand their senses, making a real difference in their lives.

For more information about Allegheny Valley School, please visit www.av.net or call 412-299-2228.





Perhaps, the most profound way to keep your generous spirit alive is through a legacy gift. By joining the NHS Human Services Foundation Legacy Society, you and your family will receive substantial tax benefits while providing vital resources that impact the future of the thousands of needy individuals in the years to come.

The NHS Human Services Legacy Society is comprised of individuals who have made NHS Human Services Foundation a beneficiary in their estate plans through one of the following options:

- *Outright Bequest*
- *Pooled Income Fund*
- *Charitable Remainder Trust*
- *Gifts of Life Insurance*
- *Charitable Gift Annuity*
- *Gifts of Retirement Plans*
- *Charitable Lead Trust*

The NHS Human Services Legacy Society recognizes all members who have committed to a future gift to NHS Human Services Foundation. No formal agreement is needed, only the communication from the donor to NHS Human Services Foundation that a gift has been planned.

For more information, contact the NHS Human Services Foundation, at :

Phone: (610) 260-4675

Email: nhsfoundation@nhsonline.org

SAVE THESE DATES

8th Annual
Leading the Way Awards Gala

Please join
NHS Human Services Foundation
As we create a brighter future

Saturday, November 12, 2011
Hyatt Regency Penn's Landing
Philadelphia, PA

9.20.11
Eastern Region
Golf Classic

Lederach
Golf Club
481 Chickadee Drive
Harrisville, PA 15438
www.lederachgolfclub.com

11 AM
Shot Gun
Start

Friends of AVS Golf Open
Churchill Valley Country Club
Monday, August 15, 2011

Join us for a day of golf to
support the mission of
Allegheny Valley School.

Presenting Sponsor
AVS
FOUNDATION
Honorary Chairpersons
Patric and John Duggan

The 20th Annual Friends of AVS Golf Open
will honor Regis G. Champ and his
38 Years of Service to Allegheny Valley School.
Mr. Champ retired at the end of 2010.

ALLEGHENY VALLEY
SCHOOL
NHS
FOUNDATION

*Life-long opportunities for people with
intellectual and developmental disabilities*

For more information and to sign on as a golfer, sponsor
or underwriter, call 412-299-2229 or
visit us online at www.avsfet.org

BOARD MEMBER SPOTLIGHT

Our Board members are an integral part of the NHS Human Services Foundation. In each newsletter we will introduce you to a Board member so that you can get to know the people who stand behind our work. We hope you will find that their stories inspire you as much as they inspire us.

The NHS Human Services Foundation recognizes that it is through the great vision, leadership and support of our Board of Directors that we are able to fulfill our mission in providing financial support to the many NHS Programs that make a difference in the lives of thousands of individuals and families everyday. We are very fortunate to have a very engaged Foundation Board. This 19-member board is comprised of executive leadership from some of the area's top corporations. In closing out Fiscal Year 2011, we have 100 percent participation in giving with the board contributing over \$120,000.



TOM BURKHOLDER

For the past 15 years, Tom Burkholder has been involved with NHS Human Services and has served as a member of the Board of Directors for the past 10 years. An invaluable asset to our Board of Directors, Mr. Burkholder has aided our Foundation in building partnerships within the Central Pennsylvania region and has shared with us his ideas on how to successfully raise funds in our local town.

Mr. Burkholder is one of NHS Human Services Foundation's biggest advocates. He has been the owner of Burkholder Antiques in Hollidaysburg, PA since 1969 and has continued to dedicate much of his free time helping to sustain funding for the many NHS programs. Back in 1996, while conversing with his daughter Amy, then a TSS worker for NHS, they spoke about the children she served in her after-school program and how they would benefit

from a holiday party. It was then that Tom, a natural fundraiser, called on local businesses and friends to help secure over \$3,000 in funds to underwrite the cost of the event.

Mr. Burkholder and his wife Anne are residents of Hollidaysburg, PA and have two children, Amy Lantz, a Professional Development and Education Coordinator for NHS in Hollidaysburg Pa and Jane, a Psychologist in Centreville, Maryland.

YOUR DOLLARS AT WORK

Your donation to the NHS Human Services Foundation can make a difference and can change lives. The following are just a few examples of how NHS programs were impacted by your generosity:

- Awarded more than \$105,000 in scholarships to staff and students attending a college or trade school
- Helped build a playground on our Woodhaven campus
- Provided therapeutic horseback riding lessons to children with autism
- Several programs were afforded the opportunity to enjoy group outings such as shore trips, ballgames, amusement parks, water parks, movies and dining out
- Purchased basketball uniforms for our Autism school basketball teams in Western, PA
- Provided touch screen computers, and SMARTBoards for eight of our Autism School classrooms
- Hosted holiday parties for over 1,200 individuals in four locations
- Purchased equipment needed for a newly installed computer lab at our comprehensive drug and alcohol recovery center in Philadelphia
- Provided a therapeutic environment for individuals with intellectual and developmental disabilities with the purchase of a greenhouse in Western, PA
- Purchased an automobile for our Therapeutic Family Care Program in Dubois, PA



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NHS Human Services, Inc.

NHS Human Services (NHS), through its subsidiaries, is a community-based, non-profit organization dedicated to serving the special needs of over 50,000 children and adults annually. At numerous program sites in multiple states, NHS is proud to enlist a deeply committed and highly renowned staff of human service professionals with years of front-line experience. NHS employees bring compassion and commitment to their daily work and to the individuals they serve.

NHS is a nationally recognized human service organization whose programs provide care to children and adults in the following areas: Addictive Diseases, Autism, Education, Intellectual and Developmental Disabilities, Juvenile Justice, Mental Health, Specialized Services, and Treatment Foster Care.

NHS distinguishes itself from other providers by offering a full range of integrated behavioral healthcare and developmental disability services along a comprehensive continuum of care.

The work of NHS is anchored in the firm belief that it is every individual's right to achieve growth, dignity and fulfillment in their lives.